## DRIVING Safely

Transitioning from Driver to Passenger

**Self-assessment** of your driving is the goal of driving safely. The Driving Safely workshop provides information on physical, mental and functional changes that may occur with aging, which can affect your driving abilities. Resources are explored to help make the successful transition from driver to passenger when driving is no longer an option.

TONS and MPI have a mutual goal of keeping older adults driving safely on Manitoba roads.

TONS Transportation Options Network for Seniors

Driving Safely workshops can be coordinated for groups in a location of your choice. To request a Driving Safely workshop, contact TONS.



Transportation Options Network For Seniors info@tonsmb.org 204.799.1788

## DRIVING SAFELY Workshop

## **Transitioning to the Passenger Seat?**

Explore the resources available to you during a Driving Safely workshop. It will assist with a successful transition to the passenger seat and explore options available when you are no longer able to drive.



Resources are also available online for older adults, family members and health care providers dealing with transitioning from driving.

In partnership with:



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www.tonsmb.org