



Section 6

# For Your Information

## Driver Training Schools

Becoming a safe professional driver requires both education and experience. Attending a driver training school will help you to obtain the necessary knowledge and skills.

Driver training schools and instructors are licensed by Manitoba Public Insurance. Driver training instructors are required to meet certain licensing and testing requirements before being licensed to provide instruction.

For further information about Driver Training Schools and Instructors please contact:

### **Driver Training Permit Unit**

Telephone: 204-985-7928

Toll-Free: 1-800-665-2410 Ext. 7928



# Metric Conversion Table

Some commonly used conversions are listed below. Numbers have been rounded and therefore are not precise equivalents.

## Length

1 inch = 2.54 cm

1 foot = 30.48 cm

1 mile = 1.61 km

## Volume

1 pint = 0.57 l

1 quart = 1.13 l

1 gallon = 4.55 l

## Speed

1 mph = 1.61 km/h

10 mph = 15 km/h

15 mph = 25 km/h

20 mph = 30 km/h

30 mph = 50 km/h

40 mph = 60 km/h

50 mph = 80 km/h

60 mph = 100 km/h

## Converted Linear Measurements

8' 6" = 2.60 m

10' = 3.00 m

12' 6" = 3.80 m

13' 6" = 4.15 m

14' = 4.20 m

35' = 11.00 m

38' = 11.50 m

40' = 12.50 m

45' = 14.00 m

60' = 18.50 m

65' = 20.00 m

100' = 30.00 m

500' = 150.00 m

## Converted Weight

10,000 lbs = 4 500 kg

12,000 lbs = 5 500 kg

20,000 lbs = 9 100 kg

24,000 lbs = 11 000 kg

## Pressure

1 psi = 6.9 kPa

2 psi = 13.8 kPa

3 psi = 20.7 kPa

4 psi = 28 kPa

5 psi = 34.5 kPa

6 psi = 41.4 kPa

20 psi = 138 kPa

45 psi = 311 kPa

50 psi = 345 kPa

60 psi = 414 kPa

80 psi = 552 kPa

90 psi = 621 kPa

105 psi = 725 kPa

120 psi = 828 kPa

125 psi = 863 kPa

150 psi = 1 035 kPa

## Abbreviations

mm = millimetre

cm = centimetre

l = litre

km/h = kilometre per hour

m = metre

kg = kilogram

kPa = kilopascal



# Organ and Tissue Donation

Every year in Canada, thousands of people are waiting for organ and tissue transplants. You can make the difference in the lives of many people by deciding to become a donor. Everyone has the potential to be an organ and tissue donor. The health of the donor, not the age, is the most important thing considered. Generally, organ donors are healthy people who have suffered an irreversible brain injury, as in a motor vehicle accident or a brain hemorrhage. Organs and tissues that can be donated include: kidneys, heart, lungs, liver, pancreas, small bowel, corneas, solid bones and joints, skin and heart valves.

## Sign a Donor Card Today and Discuss Your Wishes with Your Family!

Signing a donor card is one way to indicate your wishes to be an organ and tissue donor. However, donor cards are often not available at the time of the donor's death. Therefore, it is important that you discuss your wishes with your family. Other people you may want to inform of this wish are your clergy and family doctor. A Living Will is another place where you can record your wishes. If you have named a proxy in your Living Will, the proxy has precedence over the legal next-of-kin to give consent for organ and tissue donation if you have discussed your wishes with your proxy.

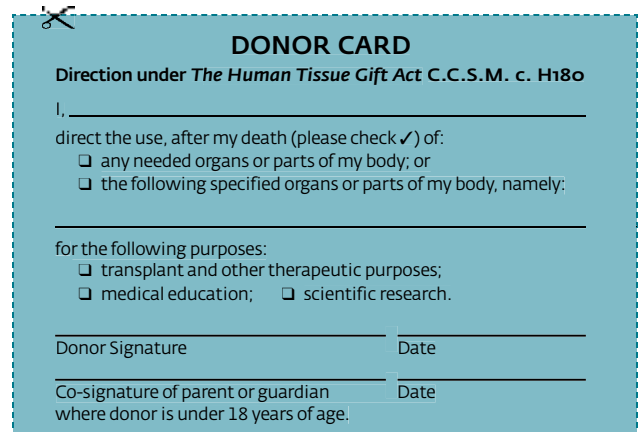
Drivers under the age of 18 years require the signature of a parent or guardian. Simply cut out the card on the following page, complete the information, and keep it with your Manitoba Health Registration Certificate or Driver's Licence so it's visible for law enforcement and hospital officials. Your donor card is a legal document that allows you to give any or all tissues and organs after death.

### For further information and extra donor cards, contact:

**Transplant Manitoba – Gift of Life Program**  
www.transplantmanitoba.ca  
204-787-1897

**Tissue Bank Manitoba**  
204-940-1750

**The Lions Eye Bank of Manitoba  
and Northwest Ontario Inc.**  
204-788-8419



**DONOR CARD**  
Direction under *The Human Tissue Gift Act C.C.S.M. c. H180*

I, \_\_\_\_\_

direct the use, after my death (please check ✓) of:

- any needed organs or parts of my body; or
- the following specified organs or parts of my body, namely: \_\_\_\_\_

for the following purposes:

- transplant and other therapeutic purposes;
- medical education;     scientific research.

Donor Signature \_\_\_\_\_ Date \_\_\_\_\_

Co-signature of parent or guardian \_\_\_\_\_ Date \_\_\_\_\_  
where donor is under 18 years of age.

## ORGAN AND TISSUE DONATION

If you wish to donate organ(s) or tissue after death, complete the attached donor card and KEEP IT WITH YOUR MANITOBA HEALTH REGISTRATION CERTIFICATE OR DRIVER'S LICENCE SO IT IS VISIBLE FOR LAW ENFORCEMENT AND HOSPITAL OFFICIALS.

IT IS EXTREMELY IMPORTANT TO DISCUSS YOUR DECISION WITH YOUR FAMILY TO ENSURE YOUR WISHES ARE FULFILLED.

For more information on organ and tissue donation, please contact one of the Human Tissue Gift Agencies listed below:

Transplant Manitoba-Gift of Life Program **204-787-1897**

Tissue Bank Manitoba **204-940-1750**

Lions Eye Bank of Manitoba and  
Northwest Ontario Inc. **204-788-8419**

(R-09/09)



**Professional drivers are encouraged to increase their knowledge by participating in training courses involving:**

- First aid
- Care and handling of dangerous goods
- Defensive driving



**Manitoba  
Public Insurance**

For further information and safe driving quizzes, please see our website:  
[www.mpi.mb.ca](http://www.mpi.mb.ca)


**\$10.00**

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