



Participant Evaluation Form

Please take a few minutes to complete the following evaluation. Your responses will assist Manitoba Public Insurance in enhancing their programs. Your responses will be confidential and anonymous.

1. Did you find the presentation interesting? Yes No

2. How effective do you think the presentation was in communicating that stress effects your safety on the road:

Extremely effective Not at all effective
5 4 3 2 1

3. How effective do you think the presentation was in providing you with tips on how to handle stress:

Extremely effective Not at all effective
5 4 3 2 1

4. Have you ever taken a stress management or conflict resolution workshop? Yes No

If no.....

After seeing the Emotions in Motion presentation, would you consider taking a stress management or conflict resolution course?

Yes No

5. What did you like best about the presentation?

6. What did you like least about the presentation?

7. Questions, Comments, Suggestions:

Thank you for your time!



**Manitoba
Public Insurance**